# BMPC High School Camping Trip: VA Creeper Trail

Friday, May 19<sup>th</sup> – Sunday, May 21<sup>st</sup> 2017

When to sign up by? Monday, 5/15/17 by 3pm
Cost? \$35 (goes up to \$40 if received after 3pm on 5/15)
Please complete and return the attached registration and medical form
To whom shall they give the \$ and medical form to? Berry French

#### Where & When to meet?

At BMPC at 3:30pm on Friday

#### What to bring?

- 1. Sleeping bag/sleeping pad/pillow
- 2. Change of clothes (we'll get dirty and be outside the whole weekend)
- 3. Modest pajamas
- 4. Hat to keep you warm at night
- 5. Toiletries: tooth brush & paste, soap, shampoo, sunscreen, and meds
- 6. Towel and washcloth
- 7. Shoes to walk/run/play in
- 8. Water bottle
- 9. Jacket and rain jacket
- 10. Flashlight
- 11. Bible, pad of paper, pen
- 12. NO NUT Snack to share (homemade is better)
- 13. If you have a tent or hammock, you're welcome to bring it.
- 14. If you have a bike, you're welcome to bring it, but we will also RENT bikes there.

#### What not to bring?

NUTS, Any electronics: i-pads, gaming systems, anything with earbuds. Extremely limited use of cell phones will be allowed. You'll be fine w/o your phone.

### Where & to pick up?

At the Black Mtn Presbyterian Church parking lot around 3:30pm on Sunday.

## What are the activities planned?

Camping, Campfires, Downhill Mountain biking, Hiking, Dutch Oven cooking,

#### **Adult Advisors:**

at least: Berry, Beth & Bruce Gunn, Joseph

#### **Emergency number for parents:**

Beth's cell: 828-329-9209 Berry's cell: 910-733-5429

Bruce's cell: 828-329-9208

### BMPC High School Camping Trip Friday, May 19th – Sunday May 21st 2017 Registration and Medical Release

Name
Phone
School and Grade
Parents Names
Phone where parent can be reached during retreat
email
Health Information
Current Medications
allergies
Special food notes
Other medical/personal notes advisors should know about your youth
Name of Insured
Medical Insurance Co Policy ID number
Group Number Physician name and number
In the event that a parent cannot be reached, please contact the following in case of an emergency:
Name: cell phone #:
We/I do hereby acknowledge that our son/daughter, has permission to attend the BMPC HS camping trip Friday, May 19 – Sunday May 21, 2017. I do hereby release Black Mountain Presbyterian Church and the accompanying adult advisors from any legal liability or financial responsibility which may arise during the course of the function. I hereby authorize emergency treatment as deemed necessarin the event I cannot be contacted immediately.
Signature of parent/guardian date

RETURN THIS FORM AND \$35 TO CHURCH OFFICE by May 15<sup>th</sup> at 3pm to complete registration.